






September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 	3 Spaghetti w/ Meat Sauce Green Beans Fresh Fruit	4 Beef w/ Broccoli Rice Asparagus Fresh Fruit	5 Tuna Fish Sandwich Pasta Salad Fresh Fruit	6 Chicken Tenders Mixed Veggies French Fries Fresh Fruit	7	
8	9 Ravioli w/ Sauce Zucchini Fresh Fruit	10 Turkey Mashed Potatoes Green Beans Fresh Fruit	11 Beef & Bean Burrito Spanish Rice Fresh Fruit	12 Chicken Alfredo Mixed Veggies Fresh Fruit	13 Club Sandwich Veggie Chips Fresh Fruit	14	
15	16 Teriyaki Chicken Fried Rice Fresh Fruit	17 Meatballs Buttered Noodles Asparagus Fresh Fruit	18 Tamale Pie Corn Fresh Fruit	19 Blueberry Pancakes Sausage Fresh Fruit	20 TEACHER INSERVICE 	21	
22	23 Mac & Cheese Broccoli Fresh Fruit	24 Beef Quesadilla Corn & Black Beans Fresh Fruit	25 Ham Scallop Potatoes Mixed Veggies Fresh Fruit	26 Flat Bread Pizza Salad Fresh Fruit	27 Fish Sticks Potato Tots Fresh Veggies Fresh Fruit	28	
29 	30 Chicken Salad Sandwich Pasta Salad Fresh Fruit	