






JANUARY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 Pizza Day!	1 	2 Chicken Noodle Soup Grilled Cheese Sandwich Fresh Fruit	3 Bean & Cheese Quesadilla Corn on the Cob Fresh Fruit	4 BBQ Pork Baked Beans Fresh Fruit	5
6	7 Macaroni & Cheese Broccoli Fresh Fruit	8 Popcorn Shrimp Potato Wedges Fresh Fruit	9 Pepperoni Flatbread Pizza Salad Fresh Fruit	10 Beef with Broccoli Rice Fresh Fruit	11 Breakfast Burritos Yogurt Fresh Fruit	12
13	14 Spaghetti & Meatballs Bread Fresh Vegetables Fresh Fruit	15 Black Bean & Cheese Quesadillas Mexican Rice Fresh Fruit	16 Cheesy Potatoes with Ham Sweet Peas Fresh Fruit	17 Beef Tacos Corn & Peppers Fresh Fruit	18 	19
20	21 NO SCHOOL  MLK Jr. Day	22 Ravioli's with Sauce Bread Green Beans Fresh Fruit	23 Chili Chicken Bites Fried Rice Fresh Fruit	24 Hot Dogs Sweet Potato Chips Fresh Fruit	25 Grilled Cheese Soup Fresh Fruit	26
27	28 Fish Sticks Sweet Potato Tots Salad Fresh Fruit	29 Tortellini's with Sauce Asparagus Fresh Fruit	30 Pork Chops Mashed Potatoes Green Beans Fresh Fruit	31 Club Sandwiches Pasta Salad Fresh Fruit	1 Apple Cinnamon Pancakes Eggs Fresh Fruit	2